

14th Hockey India Senior Women National Championship 2024

13 - 23 Mar 2024

Pune, Maharashtra



Team Details ASSAM HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	Purnima Das (GK)	28 Jun 2003	20
2	Rita Sonowal	14 May 1997	26
3	Khushboo	1 Aug 2000	23
4	Ankita Bhagat	29 Dec 2004	19
5	Khushboo Prajapati	20 May 2005	18
6	Purobi Phukon	29 Mar 2003	20
7	Khushbu Rani	9 Jan 2004	20
8	Sabita Kumari	21 Sep 2004	19
9	Bhawini Rai	7 Jun 2001	22
10	Sakshi	9 Feb 2001	23
11	Priyanshi Singh (C)	22 Aug 2001	22
12	Sunita Rajput	9 Jan 2004	20
13	Kirti	12 Dec 2004	19
14	Daimary Archana	23 Jun 2004	19
15	Usha Bordoloi	6 Aug 2005	18
16	Sharma Renuka	7 Sep 2003	20
17	Weingken Chengmow	2 Oct 2001	22
21	Varjinder Kaur (GK)	21 Jun 2000	23

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Gitika Kalita Deka
Head Coach	Shivanand Maurya

Team Colours

Shirts	RED PINK
Skirts	BLACK
Socks	YELLOW BLACK
GK Shirts	YELLOW

Technical Delegate: BOPANNA Rohini (IND)

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Team Details CHHATTISGARH HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	Kirti Deshmukh (GK)	22 Jun 2001	22
2	Aanchal Sahu	5 Sep 2004	19
3	Isha Sahu	27 Feb 2004	20
4	Anita Khusro	7 Oct 2004	19
5	Anjali Mahto	3 May 2001	22
6	Geetanjali Nirmalkar (C)	20 Dec 1998	25
7	Anisha Sahu	25 Jul 2004	19
8	Meghna Sahu	18 Nov 2003	20
9	Monika Tirkey	24 Jan 2004	20
10	Pooja Singh	13 Apr 1994	29
11	Rushali Kashyap	9 Nov 1997	26
12	Kusum Kumari Mahto	1 Sep 2003	20
13	Pooja	20 Aug 2002	21
14	Neha Toppo	20 Aug 2002	21
15	Kachhap Nilam	22 Feb 2004	20
16	Kumari Sunita	20 Aug 2004	19
17	KOSARE Leena	11 May 2002	21
18	Bhumika Upadhyay (GK)	22 Mar 1998	25

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Ranju Sagar
Head Coach	Balvinder Kaur Mehra

Team Colours

Shirts	WHITE/ORANGE
Skirts	BLACK
Socks	ORANGE
GK Shirts	YELLOW/BLUE

Technical Delegate: BOPANNA Rohini (IND)

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Team Details DADRA & NAGAR HAVELI AND DAMAN & DIU HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	Sapnaben Rajeshbhai Andher (GK)	25 Nov 2008	15
2	Gautambhai Shevur Mayaben	23 Feb 2003	21
3	Damini Nariman Malkari	21 Mar 2007	16
4	Payal	25 Dec 2005	18
5	Sunita Yadav (C)	9 Sep 1999	24
6	Rajbhar Sanju	20 May 2006	17
7	Pal Rekha	4 Dec 2004	19
8	Yadav Roshani	1 Jan 2007	17
9	Kushwaha Manisha	27 Aug 2004	19
10	Sunaina	17 Dec 2003	20
11	Anuradha Koppiseti	15 Dec 2004	19
12	Neeraja Bathula	3 Jul 2001	22
13	Baghel Vaishnavi	20 Sep 2000	23
14	Ekta	10 Nov 2005	18
15	Parihar Aakanksha	23 Feb 2002	22
16	Motupalli Gayathri Usha Sri	22 May 2003	20
17	Nandniben Nandubhai Dulsada	28 Nov 2008	15
18	Aarti (GK)	20 Mar 2004	19

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Akshay Sanas
Head Coach	Rohit Karkhanis
Assistant Coach	Rathod Anjali Kalpeshbhai
Physiotherapist	Pawar Sanika Manoj

Team Colours

Shirts	BLACK RED
Skirts	WHITE
Socks	BLACK RED
GK Shirts	GREEN ROYAL BLUE

Technical Delegate: BOPANNA Rohini (IND)

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Team Details DELHI HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	POOJA (GK)	10 Dec 2001	22
2	Priyanka (C)	8 Nov 2002	21
3	Tanisha	29 Dec 2003	20
4	Neha	7 Oct 2001	22
5	Manju Nibediya	10 Oct 2005	18
6	Juhi	11 Oct 2003	20
7	Divya	30 Jul 2004	19
8	Manshi	26 Aug 2003	20
9	Roobi (C)	11 Dec 2001	22
10	Tanya	5 Aug 2000	23
11	Muskan	29 Aug 2003	20
12	Archana	1 Nov 2003	20
13	Preeti	25 Jun 2002	21
14	Manisha	9 Dec 2002	21
15	Sana	9 Jan 2004	20
16	Sonali	5 Jun 2000	23
17	Muskan	17 Feb 2004	20
18	Manju (GK)	13 Jan 2003	21

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* As of 2024-03-13

Team Staff

Role	Name
Team Manager	RAJPOOT Pooja
Head Coach	Prakash Vijay
Assistant Coach	Naudiyal Subodh Kumar

Team Colours

Shirts	BLACK/BLUE YELLOW
Skirts	BLACK
Socks	BLACK NAVY BLUE
GK Shirts	BLUE BLACK/YELLOW

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Team Details GOANS HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	Komal (GK)	5 Nov 2001	22
3	Geeta Rathod	9 Oct 2000	23
4	Virnodkar Khushi Mahesh	24 Apr 2003	20
5	Kirandeep Kaur	1 Jan 2002	22
6	Arti Kashyap	9 Dec 2002	21
7	Baghel Akanshi	23 Jun 2005	18
8	Aditi Agni Naik	5 Jun 2004	19
9	Diksha Chowdhari	1 Oct 2002	21
10	Anuska Quadros	26 Aug 2003	20
11	Anoshka Dsouza	10 Sep 2003	20
12	Nikita Naik	18 May 2002	21
13	Yukta Mahato	18 Aug 2002	21
14	DHAWAL Manisha	18 Aug 1996	27
15	MATHKAR Manjita (C)	13 Apr 1993	30
16	Payal	2 May 2000	23
17	Ruby Devi	16 Aug 2004	19
18	Umra	19 Apr 2000	23
21	Ruparna Das (GK)	11 May 2003	20

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Melinda Anthony D Souza
Head Coach	Ayyaz Khan
Assistant Coach	Fernandes Inacio Derric

Team Colours

Shirts	GREEN YELLOW
Skirts	BLACK
Socks	GREEN YELLOW
GK Shirts	ORANGE PURPLE

Technical Delegate: BOPANNA Rohini (IND)

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Team Details HOCKEY ANDHRA PRADESH

Shirt No.	Player	Date of Birth	Age*
1	Kurmapu Ramya (C,GK)	13 Aug 2002	21
2	Chinnipilli Parvathi	2 May 2002	21
3	DEVAKI Ravana	30 Jun 2000	23
4	Bharani Sathram	22 Apr 2003	20
5	Garlanka Varahalamma	21 Dec 2003	20
6	Bhavani Madugula	3 Apr 2002	21
7	DAMMU Lavanya	22 Feb 2002	22
8	Mary Lotla		
9	Kalyani Swarnapoodi	16 May 2003	20
10	Lotla Krupa	15 Dec 2003	20
11	Harathi Lomada	6 Mar 2006	18
12	Chenna Kusuma	25 Jun 2005	18
13	Bandaru Padmavathi	8 Jul 2000	23
14	Talari Nandini	24 Jun 2005	18
15	Alladi Komalika	14 Dec 2003	20
16	Moda Madhuri (GK)	10 Jul 2001	22
17	Divya Killadi	14 Mar 2002	21
18	Matcha Yamini	22 Dec 1996	27

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Tirumalasetty Ravi Kumar
Head Coach	Bachu Deepak Akash

Team Colours

Shirts	ORANGE
Skirts	BLACK
Socks	RED
GK Shirts	BLACK/WHITE

Technical Delegate: BOPANNA Rohini (IND)

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Team Details HOCKEY ASSOCIATION OF ODISHA

Shirt No.	Player	Date of Birth	Age*
3	Philica Toppo	6 Feb 2002	22
4	Nitu Lakra	7 Dec 2002	21
5	CHHATRI Jyoti	8 Mar 2003	21
8	Dipti Lakra	7 Apr 1998	25
9	MINZ Lilima (C)	10 Apr 1994	29
10	Jiwan Kishori Toppo (C)	4 Mar 2001	23
11	Aten Topno	15 Oct 2002	21
12	Mariana Kujur	20 Apr 1999	24
14	Nikita Toppo	6 Jul 2003	20
15	Dipi Monika Toppo	12 Sep 2003	20
17	Mamita Oram	2 Apr 2004	19
19	KUJUR Ajmina	9 Dec 2001	22
22	Anupa Barla	6 May 1994	29
24	Ekka Prativa (GK)	28 Nov 2003	20
25	Madhuri Kindo (GK)	25 Feb 2002	22
28	Neha Lakra	28 Jul 2002	21
29	Kujur Sujata	25 Jan 2003	21
32	Jojo Mukta	7 Aug 2002	21

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Namita Toppo
Head Coach	LAKRA Sujit
Assistant Coach	Ranaware Anurag
Physiotherapist	Kazi Razina
Video Analyst	CHATTERJEE Ritwik

Team Colours

Shirts	RED WHITE
Skirts	BLACK ROYAL BLUE
Socks	BLACK ROYAL BLUE
GK Shirts	YELLOW GREEN

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Team Details HOCKEY BENGAL

Shirt No.	Player	Date of Birth	Age*
1	Kumari Pramila (GK)	12 Nov 2002	21
2	Bhengra Sapna	15 Mar 2003	20
3	Anjna Dungdung (C)		
4	Maxima Toppo	27 Jul 2004	19
5	Mundu Poonam	10 Jun 2004	19
6	Anisha Dungdung	4 Dec 2003	20
7	Mamoni Biswas	24 Aug 2000	23
8	Lily Oram	1 Oct 2003	20
9	Nidhi Sahni	28 Feb 2003	21
10	Horo Sanjna	15 Dec 2004	19
11	Sushmita Panna	5 Dec 2003	20
12	Sushmita Gandha	3 Apr 2002	21
14	Dewgi Kandir	8 Nov 2004	19
15	Srabani Biswas	15 Aug 2004	19
16	Monika Nag	4 May 2005	18
17	Kavita	7 Mar 2000	24
18	Aysha Parveen	8 Jan 2003	21
21	Anjali Shaw (GK)	20 Sep 2001	22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Harjinder Kaur Jassal
Head Coach	Simanta Krushna Mohanty
Assistant Coach	Ekta Bharti

Team Colours

Shirts	WHITE ROYAL BLUE
Skirts	WHITE ROYAL BLUE
Socks	WHITE ROYAL BLUE
GK Shirts	YELLOW RED

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Team Details HOCKEY BIHAR

Shirt No.	Player	Date of Birth	Age*
1	Samiksha Saxena (GK)	13 May 2003	20
4	Aashrita Thakur	3 Mar 2004	20
5	Rajani Waskale	12 Jan 2001	23
6	MINJUR Shilwanti	22 Apr 1991	32
7	Kanti Pradhan	16 Nov 1997	26
8	Meeni Kumari		
9	Aprajita Kumari	23 Dec 1992	31
10	Pooja Kumari	12 Jul 2003	20
11	KUMARI Shivani	28 Oct 2002	21
12	Najiya Khatun	5 Jun 2007	16
13	Kumari Rishu	2 Jun 2008	15
14	RAJ Rani	12 Dec 2000	23
15	Sima Kumari	28 Dec 1996	27
16	Nusrat Khatoon	1 Jan 1996	28
17	Verma Yogita	28 Sep 2004	19
18	Kumari Priti (C)	6 Jan 1990	34
19	Ebha Kerketta	30 Dec 1997	26
20	Tammana Raj (GK)	19 Jan 2002	22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Tulsi Kumari
Head Coach	Sumit Topno

Team Colours

Shirts	YELLOW NAVY BLUE
Skirts	RED NAVY BLUE
Socks	RED NAVY BLUE
GK Shirts	ORANGE SKY BLUE

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Team Details HOCKEY CHANDIGARH

Shirt No.	Player	Date of Birth	Age*
1	Kaur Ramandeep (GK)	28 Aug 2003	20
2	Rakhi (C)	1 Feb 2003	21
3	Pooja	29 May 2004	19
4	Manju Chorsiya	10 Jun 2002	21
5	Poonam	19 Nov 1999	24
6	Raveena Rani	1 Jan 2002	22
7	Savita	4 May 2000	23
8	SUMITA	25 Jan 2001	23
9	Amisha	20 May 2004	19
10	Samriti Devi	10 Jan 2004	20
11	Alka	5 Jun 2004	19
12	Priyanka	12 Dec 2003	20
13	Bharti Saroha	7 Feb 2002	22
14	Paalak	28 Jan 2003	21
15	Malhi Sania	7 Aug 2003	20
16	Sonu	13 Nov 2002	21
17	Simranjit Kaur	30 Jun 2003	20
18	Varsha (GK)	22 Aug 2003	20

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* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Kiran Rana
Head Coach	Avtar Singh

Team Colours

Shirts	WHITE/GREEN PURPLE
Skirts	GREEN PURPLE
Socks	GREEN BLACK
GK Shirts	RED YELLOW

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Team Details HOCKEY GUJARAT

Shirt No.	Player	Date of Birth	Age*
1	Pandey Komaldevi (GK)	16 Oct 2003	20
2	Vidhi Raval (C)	12 Nov 2003	20
3	Rutika Patil	25 Jan 2003	21
4	Kaminiben Rathod	14 Jul 2004	19
5	RATHOD Shreya	6 Dec 2002	21
6	Pinal Baraiya	1 Jun 2002	21
7	Rathod Anjali	12 Jun 2004	19
8	Rashi Verma	19 Dec 2003	20
9	Maitri Solanki	5 Dec 2004	19
10	Shaliniben Bagul	4 Nov 2003	20
11	Dhruti Ravindra Gurav	16 Mar 2002	21
12	Nishad Neha Pramod	26 Sep 2004	19
13	Ishika Brahmabhatt	18 Aug 2003	20
14	Tejal Rajendra Yadav	11 Sep 2002	21
15	Sudrasana Krinal	16 Jul 2004	19
16	Bariya Jesalben	27 Jul 1999	24
17	Jadav Megha Jaganbhai	24 Jun 2004	19
18	Patel Eshani Sanjaybhai (GK)	18 Feb 2002	22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Kinjal Shailesh Pawar
Head Coach	Patil Vijay

Team Colours

Shirts	ORANGE YELLOW
Skirts	ROYAL BLUE
Socks	ROYAL BLUE
GK Shirts	YELLOW ORANGE

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Team Details HOCKEY HARYANA

Shirt No.	Player	Date of Birth	Age*
1	Savita (C,GK)	11 Jul 1990	33
2	Ekta Kaushik	2 Oct 1998	25
3	Deepika	6 Dec 2003	20
4	Monika	5 Nov 1993	30
5	Sonika	20 Mar 1997	26
6	Usha	5 Apr 2003	20
7	DEVI Sharmila	10 Oct 2001	22
8	Neha	15 Nov 1996	27
9	CHOUDHARY Mahima	6 Dec 1999	24
10	Amandeep Kaur	10 Nov 2001	22
11	Ritu Rani	29 Dec 1991	32
12	Neelam	17 Aug 2003	20
13	KAUR Navneet	26 Jan 1996	28
14	DABAS Shilpi	26 Jul 1998	25
15	Nisha	9 Jul 1995	28
16	Rekha (GK)	18 Jun 2001	22
17	Jyoti	11 Dec 1999	24
18	Udita	14 Jan 1998	26

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Jaspreet Kaur
Head Coach	Azad Singh Malik
Assistant Coach	Singh Dilbag

Team Colours

Shirts	ORANGE/ YELLOW YELLOW WHITE
Skirts	YELLOW
Socks	YELLOW
GK Shirts	GREEN PINK/BLACK

Technical Delegate: BOPANNA Rohini (IND)

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Team Details HOCKEY HIMACHAL

Shirt No.	Player	Date of Birth	Age*
1	Mahima (C,GK)	8 Oct 1999	24
2	Kanishka Rai	11 Mar 1998	26
3	Nishi Yadav	22 Mar 2003	20
4	Sonika	14 Jun 2004	19
5	DEVI PRERANA	15 Apr 1995	28
6	Nisha Devi	25 Aug 1998	25
7	Ritu	20 Mar 2003	20
8	Aarti Sharma	17 May 2004	19
9	Mokshika Pundir	1 Jan 1996	28
10	Dhapa Devi	13 Mar 2002	22
11	Priya	21 Sep 1998	25
12	Meenakashi	13 Nov 2001	22
13	Jaismeen Sharma	11 Jan 2003	21
14	Mridula Thakur	10 Oct 2004	19
15	Shivani Choudhary	6 Oct 1997	26
16	Bhumika Chauhan	29 Jul 2004	19
17	Verma Shagun	23 Mar 2003	20
18	Kiran Chhinta (GK)	24 Oct 2004	19

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Monika Kapoor
Head Coach	Ajit Singh Bhuria
Assistant Coach	Davinder Singh

Team Colours

Shirts	SKY BLUE NAVY BLUE
Skirts	SKY BLUE
Socks	SKY BLUE BLACK
GK Shirts	BLACK/WHITE RED

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Team Details HOCKEY JHARKHAND

Shirt No.	Player	Date of Birth	Age*
1	Sonal Minj (GK)	24 Aug 1996	27
2	Rajni Kerketta	1 May 2004	19
3	Nikki Kullu	24 Jan 2004	20
4	Nikki Pradhan (C)	8 Dec 1993	30
5	TETE Salima	27 Dec 2001	22
6	Mahima Tete	25 Jul 2003	20
7	Dipti Kullu	26 May 2003	20
8	KUMARI Ropni	16 Nov 2003	20
9	Supriya Mundu	22 Nov 1999	24
10	Pramodni Lakra	24 Apr 2004	19
11	SORENG Deepika	17 Dec 2003	20
12	Sangita Kumari	12 Oct 2008	15
13	Reshma Soreng	31 Dec 2000	23
14	Kiran Bara	28 Oct 2003	20
15	Dipti Toppo	10 Dec 2001	22
16	LAKRA Anshu (GK)	15 Jun 1998	25
17	Reema Baxla	28 Oct 2000	23
18	MINJ Punita	9 Oct 1985	38

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Manoj Kumar Prasad
Head Coach	Sumrai Tete
Assistant Coach	Soreng Renuka

Team Colours

Shirts	WHITE ROYAL BLUE
Skirts	WHITE ROYAL BLUE
Socks	WHITE ROYAL BLUE
GK Shirts	ROYAL BLUE GREEN

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Team Details HOCKEY KARNATAKA

Shirt No.	Player	Date of Birth	Age*
1	Tejaswini Dn (GK)	29 Sep 2003	20
3	N.R Soumyashree	28 Aug 1999	24
4	Priyanka Parihar	15 Feb 2000	24
5	Anjali H R	18 Oct 2000	23
7	MP Shaina thangamma	23 Sep 2001	22
8	BN Poojitha	16 Feb 2000	24
10	Kruthika S P (C)	9 Nov 1998	25
11	M.G Yashika	6 Sep 2000	23
12	Prashu Singh Parihar	12 Dec 1995	28
14	Nisha P.C.	20 Jan 1998	26
17	Chandana J	23 Jun 2003	20
18	Seema Anandrao Pawar	26 Apr 2004	19
19	ASHOK Hema	17 Nov 2000	23
21	Sahana C M	10 Apr 2004	19
22	Deepthi K A	18 May 2001	22
24	Adira S	6 Jul 2002	21
27	Gedela Gayatri	10 Jul 2004	19
30	Deepa Sharma (GK)	30 Nov 1996	27

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Mary Abhijit
Head Coach	KRISHNAN Vijaya

Team Colours

Shirts	BLUE/WHITE/ORANGE YELLOW/RED/BLACK
Skirts	ROYAL BLUE YELLOW
Socks	ROYAL BLUE YELLOW
GK Shirts	NEON GREEN PURPLE

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Team Details HOCKEY MADHYA PRADESH

Shirt No.	Player	Date of Birth	Age*
1	Aditi Maheshwari (GK)	8 Oct 2004	19
2	SINGH Jyoti	6 Oct 2004	19
3	Pratibha Arya	28 Aug 1998	25
4	Nilanjali Rai	7 Oct 1998	25
5	Karishma Yadav	25 Dec 1997	26
6	Chaudhary Ishika (C)		
7	Sengar Sadhna	19 Nov 2002	21
8	Ritanya Sahu	28 May 2004	19
9	Hritika Singh	16 Jan 2003	21
10	DUBEY Preeti	13 Jun 1998	25
11	Chavan Aishwarya	18 Oct 1997	26
14	Kanchan Nidhi Kerketta	14 Jan 2001	23
15	Sanskriti Sarwan	28 Apr 2004	19
16	Bhadoriya Yashika (GK)	12 Oct 2004	19
17	Nagle Pooja	24 Apr 2003	20
18	Navdeep Kaur	25 Aug 1994	29
22	Renu Yadav	8 Aug 1999	24
23	GAUTAM Anjali	5 Jul 1998	25

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Devki Nandan Kushwaha
Head Coach	Paramjit Singh
Assistant Coach	Neha Rawat
Physiotherapist	Umesh Kumar
Video Analyst	Parthipan Vijay Vignesh

Team Colours

Shirts	RED BLACK/GREEN
Skirts	RED BLACK
Socks	RED BLACK
GK Shirts	SKY BLUE YELLOW

Technical Delegate: BOPANNA Rohini (IND)

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Team Details HOCKEY MAHARASHTRA

Shirt No.	Player	Date of Birth	Age*
1	PATIL Susmita (GK)	16 May 2001	22
2	Nirjala Pandurang Shinde	28 Sep 2003	20
5	Himanshi Gawande	30 Mar 2004	19
7	Bhavana Khade	17 Jan 1999	25
8	Kajal Sadashiv Atpadkar	12 Nov 2002	21
10	Akansha Singh	5 Jun 2000	23
11	Durga Raju Shinde	26 Jun 2001	22
12	PHALKE Vaishnavi Vitthal (C)	23 Dec 2003	20
13	ETIMARPU Rajni (GK)	9 Jun 1990	33
14	WANKHEDE Priyanka	14 Mar 1996	27
16	SHEDAGE Manashri Narendra	16 Sep 2003	20
17	Yogita Bora	24 Jan 2001	23
18	PISAL Rutuja Dadaso	28 Nov 2002	21
19	Aishwarya Dubey	1 Jun 2004	19
20	Shashi Prabha Chaturvedi	17 Jul 1999	24
22	Shalini Bhagwan Sakure	3 Mar 2003	21
23	Diksha Avghade	4 May 2002	21
42	DHEKALE Akshata Abaso	2 Nov 2001	22

NB: Team lists are subject to change following the tournament briefing meeting

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Team Staff

Role	Name
Team Manager	PILLAY Vikram
Head Coach	Sagar Bharat Thakur
Assistant Coach	Vaishali Laxman Sul
Physiotherapist	Mahale Sakshi Ganesh

Team Colours

Shirts	ORANGE BLUE
Skirts	ORANGE BLUE
Socks	ORANGE BLUE
GK Shirts	WHITE/GREY YELLOW

Technical Delegate: BOPANNA Rohini (IND)

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Team Details HOCKEY MIZORAM

Shirt No.	Player	Date of Birth	Age*
1	KT Lalhlimpuii (GK)	26 Mar 1994	29
2	Lalrinpuui	14 Oct 2006	17
3	Agnes Malsawmkimi	7 Nov 2001	22
4	Lalneihpuui	22 Feb 2007	17
5	F.Lalbiaksiami	13 Mar 2007	17
7	Lalrindiki	25 Mar 2000	23
8	Elizabeth V.L.Lawmkimi	27 Nov 2006	17
9	Lalruatfeli	24 May 2000	23
10	F. Vanlalhriatlawmi	25 Jul 2005	18
11	Lalpeksangi	4 Nov 2007	16
12	Divya Thepe (GK)	7 Jul 1998	25
15	H Lalruatfeli (C)	15 Jul 1996	27
17	Vanlalhriatpuui	21 Nov 2005	18
18	Lahlunmawii	21 Jun 1998	25
20	Lalremsiami	30 Mar 2000	23
21	B. Lalrinpuui	7 Aug 2005	18
23	LALRAMNGHAKI Marina	12 Jun 2001	22
27	Lalthantluangi	10 Nov 2005	18

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	K Lalchamreii
Head Coach	Lal Rothuami
Assistant Coach	Rosalind L Ralte

Team Colours

Shirts	BLACK WHITE
Skirts	PINK WHITE
Socks	BLACK WHITE
GK Shirts	PURPLE GREEN

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Team Details HOCKEY PUNJAB

Shirt No.	Player	Date of Birth	Age*
1	Yogita Bali (GK)	8 May 1987	36
2	KAUR Gurjit (C)	25 Oct 1995	28
3	Antim	19 Mar 2001	22
4	Shreya Mishra	13 Oct 1999	24
5	Mitali	5 Aug 2003	20
6	Kamalpreet Kaur	30 Aug 2002	21
7	KAUR Navjot	12 Dec 2001	22
8	Kirandeep Kaur	6 Oct 2001	22
9	KAUR Rajwinder	19 Nov 1998	25
10	Devika Sen	28 Feb 1997	27
11	Kaur Taranpreet	2 Jul 2003	20
12	Jotika Kalsi	2 Oct 2001	22
13	Priyanka	8 Jul 2000	23
14	Sarabdeep Kaur	20 Feb 2000	24
15	Preeti	25 Dec 2002	21
18	Rashanpreet Kaur (GK)	4 Sep 2001	22
20	Shalu Mann	30 Jan 1999	25
22	KAUR Baljeet	22 Mar 2001	22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Amandeep Kaur
Head Coach	Daljeet Singh
Assistant Coach	Gurpreet Singh

Team Colours

Shirts	RED/WHITE WHITE
Skirts	RED WHITE
Socks	RED WHITE
GK Shirts	YELLOW BLACK

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Team Details HOCKEY RAJASTHAN

Shirt No.	Player	Date of Birth	Age*
1	Kajal Rathore (GK)	28 Nov 2000	23
2	Kour Rajveer	5 Apr 1998	25
3	Jat Maya	18 Aug 2005	18
4	Manisha Sharma (C)	1 Jul 1994	29
5	MEENA RADHA	1 Jul 2001	22
6	Foujdar Neha	20 Jul 2002	21
7	Reena Saini	14 Jan 2001	23
8	BALAWAT Reena Kanwar	15 Feb 1999	25
9	Kumawat Sneha	6 Apr 2005	18
10	Usha Kumari	13 Apr 2004	19
11	Pareek Urmila	15 Jul 2003	20
12	Khushi Nagda	5 Jul 2004	19
13	Rana Anjali (GK)	24 Jul 2003	20
14	Sharma Annu	21 Jun 1996	27
15	Priyanka Verma	10 Jul 2002	21
16	Parveen Shumayla	20 Mar 1994	29
17	Jat Nirma	1 Jul 2000	23
18	Bhati Shobha	12 Feb 1999	25

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Nayak Prerna
Head Coach	Renjy Smith

Team Colours

Shirts	ORANGE
Skirts	BLACK
Socks	BLACK
GK Shirts	FLUORESCENT GREEN RED

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Team Details HOCKEY UNIT OF TAMIL NADU

Shirt No.	Player	Date of Birth	Age*
1	Vaishnavi V (GK)	12 Jan 2004	20
2	Abinaya N	13 Oct 2003	20
3	Mageshwari K	14 Apr 2000	23
4	Nandhini	9 Jan 2002	22
5	Anujayanthi S	23 Dec 2003	20
6	K Kalavathi (C)	16 Dec 1996	27
7	Praveena M	25 Feb 2003	21
8	Bhuvaneshwari K	1 Mar 2004	20
9	A.KAMALESHWARI	15 Aug 2000	23
10	Devi Durga	15 Feb 2000	24
11	K. Umamaheswari	3 Aug 2002	21
12	Soniya S	22 Sep 2003	20
13	Krishnapriya	12 Feb 2002	22
14	Sabarimanidevi	16 May 2002	21
15	Leemaroshni S	1 Aug 2002	21
16	V Soundarya	30 Mar 2002	21
17	Saratha S	15 Feb 2000	24
18	Haripriya (GK)	24 Feb 2002	22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Vinoth Kumar
Head Coach	Aravindhana A
Assistant Coach	Kamali S

Team Colours

Shirts	GREEN PINK
Skirts	NAVY BLUE WHITE
Socks	NEON GREEN PINK
GK Shirts	GREY BLUE

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Team Details HOCKEY UTTARAKHAND

Shirt No.	Player	Date of Birth	Age*
1	Vaishali Giri (GK)	21 Jan 2003	21
2	Aastha Khandka	1 Jan 2006	18
3	Arti	15 Jul 1999	24
4	Swati Katariya	19 Jul 2002	21
5	Preeti Sharma	23 May 2003	20
6	Hema Singh	13 Mar 2002	22
7	PARIHAR Kanchan	22 Apr 2000	23
8	ARYA Sijal	12 Jan 2004	20
9	Komal Dhami	17 Jan 2003	21
10	Monika Chand	27 May 2002	21
11	Mamta Bhatt (C)	20 Jul 1999	24
12	PANDEY Beena	3 Jun 2000	23
13	Himani	1 Feb 2004	20
14	Himani	31 Mar 2004	19
15	Priya Rawat	12 Aug 2003	20
16	Sneha Sharma	8 Sep 2003	20
17	Jeena Laxmi	24 Jun 2004	19
18	Dhouni Kamla (GK)	4 May 2007	16

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Kailash Pandey
Head Coach	Pandey Divya

Team Colours

Shirts	BLACK RED/ BLACK
Skirts	BLACK
Socks	BLACK
GK Shirts	GREEN/BLACK YELLOW/BLACK

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Team Details KERALA HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	Sandra Tp (GK)	21 Jun 2003	20
2	Karishma Nayak	4 Jul 1998	25
3	BANO Naziya	12 Dec 2002	21
4	Athira Rajan	20 Apr 2003	20
5	Anjali R	1 Jan 2001	23
6	Aiswarya Kv	27 May 1998	25
7	Ashmi M (C)	7 Sep 1999	24
8	Prasanna S	26 Jan 2004	20
9	Panchami KK	23 Feb 2002	22
10	Abhitha As	19 May 2003	20
11	JAYAPRAKASH Shoja	19 Jun 2001	22
12	Johnson Jisna	27 May 2003	20
13	Anju K	6 Jun 1999	24
14	S Swetha	8 Aug 1999	24
15	Kavyasree Ep	26 Apr 2001	22
16	Dhanushree H. G (GK)	15 Mar 2002	21
17	M Sadhana	18 Aug 2001	22
18	Vipinya R	19 Jul 2004	19

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Vidhya V VC
Head Coach	S Jayakumar

Team Colours

Shirts	YELLOW SKY BLUE
Skirts	GREY BLACK
Socks	RED NAVY BLUE
GK Shirts	RED ORANGE

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Team Details LE PUDUCHERRY HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	Preeti (GK)	11 Aug 2003	20
2	Rani R Rose (C)	19 Aug 1999	24
3	Jayapratha S (C)	24 Aug 2001	22
4	Pushpa Latha	13 Dec 1997	26
5	R. Kaviya	7 Jun 2004	19
6	Shael Royalin	11 Aug 2004	19
7	K Manimegalai	2 Jul 1996	27
8	Keerti Laya R	18 Nov 2004	19
9	Ritika	6 Aug 2000	23
10	GAUTAM Shivani	5 Dec 2004	19
11	Bincy R	12 Nov 2000	23
12	INDIRA PRIYADARSHINI A	6 Dec 2000	23
13	K . Pooja	23 May 2002	21
14	R. Arundhadi	16 Oct 2003	20
15	M. Kanagavalli	6 Oct 2003	20
16	Jansi (GK)	9 Aug 2002	21
17	Prathisha	30 Apr 1999	24
18	M. Devi	21 Jan 2002	22

NB: Team lists are subject to change following the tournament briefing meeting

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Team Staff

Role	Name
Team Manager	P . Moorthy

Team Colours

Shirts	RED GREEN
Skirts	WHITE
Socks	RED NEON GREEN
GK Shirts	GREY ORANGE

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Team Details MANIPUR HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	Chanu Lanchenbi Khundrakpam	30 Dec 2003	20
2	Kshetrimayum Sonia Devi	20 Mar 2004	19
3	Takhellambam Ayingbi Chanu (GK)	6 Jun 2003	20
4	Prabhleen Kaur	25 Aug 2000	23
5	Chingshubam Sanggai Ibemhal (C)	1 Mar 1981	43
7	SANASAM Ranjita		
8	Lanleibi Khundrakpam Chanu	30 Dec 2003	20
9	KHARIBAM Bichu Devi (GK)	3 Dec 2000	23
10	Suman Devi Thoudam	16 Jul 1999	24
11	CHAUHAN Manisha	6 Mar 1999	25
12	Vartika Rawat	23 May 2000	23
16	Asem Monorama Devi	1 Feb 1987	37
17	Bramhacharimayum Sarita Devi	16 Jun 1999	24
18	Jain Sakshi	7 Apr 2004	19
20	MAYANGLAMBAM Pushpa Devi	2 Feb 1999	25
22	Meenu Rani	23 Apr 2000	23
27	Thokchom Pinki Devi	23 Feb 1992	32
77	Lily Chanu Mayengbam (C)	3 Jun 1996	27

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Yaisna Chingshubam
Head Coach	Ngangom Priya Chanu

Team Colours

Shirts	WHITE RED
Skirts	BLACK
Socks	BLACK RED
GK Shirts	SEA GREEN

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Team Details TELANGANA HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	Arthi Gogikar (GK)	20 Nov 2002	21
2	Aqsa Mushabbar	2 Sep 1998	25
3	Porella Meena	23 Feb 2005	19
4	Sruthi Vadthya	9 Sep 2002	21
5	Mamatha Malavath	8 Feb 2005	19
6	Bheemambika Guttula	19 Oct 2001	22
7	Akhila Mandla	14 May 2003	20
8	Anusha Chekkala	25 Jul 2004	19
9	EDULA Jyothi (C)	30 May 2002	21
10	Harleen Kour Sardarni	28 Jun 2003	20
11	Sneha Bangari	4 Oct 2004	19
12	Preethi Dharla	26 Mar 2005	18
13	Sri Chandana Gandhapu	12 Aug 2005	18
14	Varshitha Muppala	7 Apr 2002	21
15	Kalpana Marri	13 May 2001	22
16	Sujitha Daravath	18 Aug 2004	19
17	P Eshwaramma	15 May 2002	21
18	Shanigarapu Vaishnavi (GK)	23 Jan 2006	18

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-03-13

Team Staff

Role	Name
Team Manager	Rohit Mamidi
Head Coach	Shalini Vishwakarma

Team Colours

Shirts	ROYAL BLUE SKY BLUE
Skirts	BLACK
Socks	BLACK NAVY BLUE
GK Shirts	YELLOW PINK

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Team Details UTTAR PRADESH HOCKEY

Shirt No.	Player	Date of Birth	Age*
1	BANSARI Solanki (GK)	24 May 2001	22
2	KATARIYA Vandana (C)	15 Apr 1992	31
3	Shivani Singh Saini	12 Aug 1999	24
4	Vinamrata Yadav	1 May 2002	21
5	Pooja Yadav	5 Jul 2003	20
6	Reetu Singh	19 Sep 1992	31
7	Neeraj Rana	7 Jul 2000	23
8	Simran Singh	30 Aug 2001	22
9	KHAN Mumtaz	15 Jan 2003	21
10	SINGH Upasana	20 Aug 1999	24
11	Swarnika Rawat	19 Aug 2003	20
12	BANO Hina	10 Mar 2004	20
13	Shashikala	17 Aug 2003	20
14	Jaya Shukla	25 Sep 1998	25
15	Anuja Singh	7 Jul 1997	26
16	Sakshi Shukla	2 May 2004	19
17	Longjam Bijeta Devi	2 Feb 1996	28
18	Kareena Kumari (GK)	5 Jun 2004	19

NB: Team lists are subject to change following the tournament briefing meeting

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Team Staff

Role	Name
Team Manager	CHAUDHRY Lata
Head Coach	Jitendra Singh Bhadauria
Assistant Coach	MISHRA Rajnish

Team Colours

Shirts	PINK SKY BLUE
Skirts	NAVY BLUE WHITE
Socks	NAVY BLUE WHITE
GK Shirts	GREEN YELLOW

Technical Delegate: BOPANNA Rohini (IND)