



3rd Hockey India Junior Women Academy Championship 2025 - Zone A & B
16 - 23 Nov 2025
Karnal, Haryana



Team Details BHAI BEHLO HOCKEY ACADEMY BHAGTA

Shirt No.	Player	Date of Birth	Age*
1	KAUR Sukhjinder (GK)	21 Oct 2010	15
13	RANI Nisha	26 Jan 2007	18
14	Kaur Kamalpreet	2 Feb 2007	18
15	Riya	7 Aug 2011	14
16	Kaur Rajneet	27 Jul 2010	15
17	Kumari Shweta (C)	4 Sep 2010	15
18	Simranjot	1 Dec 2009	15
19	Kaur Jaskarndeeep (C)	5 Aug 2008	17
20	KAUR Ishmeet (GK)	21 Mar 2012	13
21	KAUR Khushdeep	24 Nov 2008	16
22	Simran	22 Feb 2012	13
23	Muskan Bharti	23 May 2004	21
24	Preeti	6 May 2007	18
25	KAUR Eknoor	19 Apr 2013	12
26	Sunita Devi	22 Aug 2003	22
27	Poonam	17 Aug 2007	18
28	Taniya	8 Jul 2011	14
30	Parneet Kaur	22 Jul 2008	17

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Meena Kumari
Head Coach	Pooja
Assistant Coach	Gurdip Singh

Team Colours

Shirts	BLUE
Skirts	BLACK
Socks	BLACK
GK Shirts	NEON GREEN

Technical Delegate: SHAHID Shadma (IND)



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Team Details CITIZEN HOCKEY XI

Shirt No.	Player	Date of Birth	Age*
1	Deeksha	3 Jan 2009	16
2	Gitika	28 Jan 2009	16
3	Kumari Kashish	29 Dec 2009	15
4	Pandey Prachi	28 Nov 2008	16
5	Priyanka	8 Sep 2009	16
6	Ahirwar Bharti	1 Jan 2010	15
7	Riya	4 Feb 2009	16
8	Suhana	19 Oct 2010	15
9	Tanu	2 Apr 2009	16
10	Khatoun Moslima (C)	3 Oct 2009	16
11	KUMARI Laxmi	22 Nov 2009	15
12	Talukdar Nasmina	10 Aug 2009	16
13	Nainsi	16 Jan 2009	16
14	BANO Mehzabi	19 Oct 2009	16
15	Bhawna	18 Dec 2009	15
16	Anisha (GK)	20 Feb 2010	15
17	Payal	21 Aug 2010	15
18	Sanjana (GK)	2 Jan 2008	17

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Shweta MS
Head Coach	Amit Singh MR

Team Colours

Shirts	NAVY BLUE BLUE
Skirts	BLACK
Socks	NAVY BLUE BLACK
GK Shirts	ORANGE

Technical Delegate: SHAHID Shadma (IND)



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Team Details GHUMANHERA RISER'S ACADEMY

Shirt No.	Player	Date of Birth	Age*
1	Nitika (GK)	15 Dec 2010	14
2	Payal	31 Mar 2007	18
8	Nisha (C)	27 Aug 2009	16
11	Simran	8 Nov 2011	14
12	Payal (GK)	20 Aug 2012	13
14	Himanshi	14 Sep 2009	16
17	Durga	1 Apr 2009	16
20	Dipika	12 Aug 2008	17
22	Teena	18 Sep 2009	16
29	Priya	17 Aug 2009	16
34	Tannu	26 Mar 2010	15
36	Chetna	15 Jan 2008	17
37	Chauhan Laxmi	15 Oct 2008	17
43	Pooja	4 Jul 2007	18
68	Diya	24 Nov 2009	15
72	Khushi	27 Mar 2009	16
77	Ritika	18 Jul 2010	15
99	Kumari Shashi	15 Jul 2008	17

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Sunaina
Head Coach	Phalswal Abhishek

Team Colours

Shirts	WHITE BLACK/YELLOW
Skirts	BLACK
Socks	BLACK
GK Shirts	RED YELLOW

Technical Delegate: SHAHID Shadma (IND)



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Team Details HOCKEY FAMILY BADHKHALSA NCR HOCKEY SOCIETY

Shirt No.	Player	Date of Birth	Age*
1	Khushboo (GK)	23 Oct 2009	16
2	BHARATI Amrita	6 Jul 2011	14
3	Komal (C)	21 Jul 2007	18
4	Kanak	3 Nov 2012	13
5	Kashish	14 Jul 2007	18
6	Mannat	10 Feb 2009	16
7	Muskan	16 Jun 2007	18
8	Pushpa	8 Apr 2009	16
9	GAUTAM Ragini	17 Feb 2010	15
10	RAJBHAR Roshani	27 Aug 2011	14
11	Khushi	20 Oct 2007	18
12	Ritu	21 Aug 2009	16
13	Ritu	4 Aug 2010	15
14	DEVI Monika	29 Apr 2012	13
15	DEVI Suhana	22 Feb 2012	13
17	Priya	31 Dec 2011	13
18	Nilakshi (GK)	10 Mar 2008	17
19	SONKER Sanjana	25 May 2011	14

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Parveen Dahiya
Head Coach	Khushi

Team Colours

Shirts	RED
Skirts	BLACK
Socks	BLACK
GK Shirts	WHITE Yellow

Technical Delegate: SHAHID Shadma (IND)



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Team Details JAI BHARAT HOCKEY ACADEMY

Shirt No.	Player	Date of Birth	Age*
1	Anju Yadav (C,GK)	10 Apr 2007	18
2	Vibha	1 Jul 2008	17
3	Anita Devi	30 Sep 2007	18
4	Lucky Kumari	3 Jul 2008	17
5	Dubee Rawat	16 Jun 2009	16
6	BHATERI Ram	14 Dec 2007	17
7	Aarti	5 Jul 2008	17
8	Sushma	22 Apr 2008	17
9	Annu	25 Sep 2008	17
10	Tamanna	2 Apr 2008	17
11	Maurya Priyanshi	26 Jun 2009	16
12	Muskan	4 Oct 2008	17
13	Pooja	6 Dec 2007	17
14	Shivani	6 Jul 2009	16
15	YADAV Nainsi	1 Jan 2007	18
16	Taniya	28 Jan 2008	17
17	Divya	24 Oct 2008	17
18	Jagriti (GK)	26 Oct 2009	16

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Singh Nishtha

Team Colours

Shirts	YELLOW BLACK
Skirts	NAVY BLUE BLACK
Socks	NAVY BLUE BLACK
GK Shirts	RED YELLOW

Technical Delegate: SHAHID Shadma (IND)



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Team Details KHALSA HOCKEY ACADEMY (AMRITSAR)

Shirt No.	Player	Date of Birth	Age*
1	Kaur Aishmeen (GK)	25 Oct 2007	18
2	Rajandeep Kaur	12 Jul 2007	18
3	Kaur Sehajdeep	29 Jun 2010	15
4	Damanpreet Kaur	3 Aug 2005	20
5	Kaur Mehakdeep	26 Jul 2007	18
6	Mehak	4 Feb 2008	17
7	Kaur Ridhampreet	11 Sep 2008	17
8	Janvi	21 Mar 2009	16
10	Diksha	28 May 2011	14
11	Kaur Sehajdeep	12 Jul 2008	17
12	Kaur Komalpreet	7 Nov 2010	15
13	Neha Rani	5 Sep 2003	22
14	Devgan Divya	10 May 2009	16
15	Tulsi	4 Jun 2009	16
17	KAUR Khushpreet	21 Oct 2008	17
18	Asha (GK)	23 Feb 2007	18
19	Srishti	15 Nov 2009	16
20	Kaur Kiran (C)	27 Jun 2007	18

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* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Sukhmanpreet Kaur
Head Coach	Amarjit Arora

Team Colours

Shirts	GREY RED
Skirts	NAVY BLUE BLACK
Socks	NAVY BLUE BLACK
GK Shirts	ORANGE BLUE

Technical Delegate: SHAHID Shadma (IND)



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Team Details MARKANDESHWAR HOCKEY ACADEMY

Shirt No.	Player	Date of Birth	Age*
1	KAUR Pawanpreet (GK)	3 Mar 2009	16
3	Aarzoo	9 Dec 2009	15
5	KAUR Prabhjot	15 Oct 2007	18
6	Loveleen	29 Jan 2007	18
7	Savita	8 Oct 2011	14
8	Anu	29 Sep 2007	18
9	Drishti	19 Dec 2010	14
10	KAMBOJ Aarvi	30 Mar 2016	9
11	Palak	17 Oct 2008	17
13	RANI Laxmi	14 Aug 2009	16
14	RANI Sanjana	11 Jun 2011	14
16	Milan (C,GK)	28 Jun 2008	17
17	MANNAT	22 Jul 2012	13
18	Himanshi	17 Feb 2011	14
20	Vanshika Sharma	26 Jan 2008	17
21	KASHYAP Garima	22 Sep 2007	18
22	Palakdeep Kaur		

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Team Staff

Role	Name
Team Manager	Renu
Head Coach	Sunny

Team Colours

Shirts	MAROON SKY BLUE
Skirts	BLACK
Socks	BLACK
GK Shirts	RED YELLOW

Technical Delegate: SHAHID Shadma (IND)



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Team Details MUMBAI SCHOOLS SPORTS ASSOCIATION

Shirt No.	Player	Date of Birth	Age*
1	Shetty Aarnaisha (GK)	27 Sep 2010	15
2	Choudhary Sarika Manaram	7 Mar 2008	17
3	Parab Avishka Hemant	5 Aug 2008	17
4	QURESHI Hanin Dilshad	13 Nov 2011	14
5	Sharma Kiara Rajesh	16 Nov 2008	17
6	LOKE Purva Sachin	30 Mar 2010	15
7	Kesuri Jumana Mustafa	11 Feb 2009	16
8	Chand Trenail Jeevan	19 Nov 2009	15
9	Ruksar Mohd Hussain Shaikh	18 Jun 2008	17
10	Viva	9 Jul 2009	16
11	Liz Clinton Gomes (C)	2 Oct 2009	16
12	Yadav Anshika	16 Aug 2008	17
13	Gupta Riya Manoj	10 Mar 2008	17
14	JADHAV Devanshi Ganesh	6 Apr 2008	17
15	MACHADO Tanaysha Trevor	26 Aug 2010	15
16	Thikrul Tanmayi Ganesh	19 Mar 2008	17
17	Sagun	16 Apr 2010	15
18	Gupta Ragini Govind (GK)	24 Jul 2009	16

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Team Staff

Role	Name
Team Manager	D'SOUZA ROOMEL
Head Coach	VISHWAKARMA Sheetal Dhruvchand

Team Colours

Shirts	RED YELLOW
Skirts	BLACK
Socks	BLACK
GK Shirts	BLUE GRAY

Technical Delegate: SHAHID Shadma (IND)



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Team Details ODISHA NAVAL TATA HOCKEY HIGH PERFORMANCE CENTRE

Shirt No.	Player	Date of Birth	Age*
3	Huidrom Bidyaluxmi Devi	14 Apr 2010	15
16	Neharika Toppo	18 May 2008	17
21	Ekka Sonali (C)	11 Aug 2007	18
26	Bage Premsila	20 Apr 2007	18
31	Drupati Naik	28 Jul 2008	17
32	Janhabhi Bada	10 Jun 2008	17
33	Ahalya Lakra	8 Dec 2008	16
34	Bhoi Doli	13 Sep 2007	18
35	Amisha Kullu (GK)	29 Jul 2007	18
38	Anushka Bhawre	16 Jul 2007	18
39	Patel Pragya	19 Jun 2009	16
41	Tete Joshna	1 Feb 2008	17
42	Amisha Ekka	25 Nov 2007	17
47	Yadav Sheetal	16 Sep 2010	15
51	Jyoti Xaxa	8 Jun 2007	18
57	Yashoda	12 Dec 2007	17
58	Sukhmeet Kamboj	24 Apr 2008	17
60	Kaur Sukhpreet (GK)	27 Dec 2007	17

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* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Balvinder Kaur Mehra
Head Coach	Pinhas Das Wadiwa
Physiotherapist	SONONE Trupti Ganesh
Video Analyst	Badhusha B

Team Colours

Shirts	YELLOW SKY BLUE
Skirts	YELLOW SKY BLUE
Socks	YELLOW SKY BLUE
GK Shirts	GREEN RED

Technical Delegate: SHAHID Shadma (IND)



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Team Details RAJA KARAN HOCKEY ACADEMY

Shirt No.	Player	Date of Birth	Age*
1	Vandna (GK)	10 Sep 2009	16
10	Kaur Gurparvesh	8 Jun 2009	16
12	Sandhya	28 Apr 2007	18
13	SAKSHI	14 Nov 2009	16
14	Shabnam	18 May 2009	16
15	RAKHI (C)	11 Apr 2008	17
16	Shagun	21 Feb 2008	17
17	Rupanshi	4 Jun 2009	16
18	Komal (GK)	9 Nov 2009	16
19	Yogita	25 Mar 2011	14
20	Khushi	22 Jul 2011	14
21	Bhumi	1 Feb 2011	14
22	Sonika	2 Dec 2011	13
23	TYAGI Nikunj	6 Feb 2010	15
24	Nancy	29 Nov 2010	14
25	Priya	2 Mar 2010	15
27	Chahat	14 Sep 2009	16
28	Ahana	8 Sep 2007	18

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Ruma
Head Coach	Ratan

Team Colours

Shirts	WHITE/BLACK
Skirts	BLACK
Socks	BLACK
GK Shirts	ORANGE NEON GREEN

Technical Delegate: SHAHID Shadma (IND)



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Team Details RITU RANI HOCKEY ACADEMY

Shirt No.	Player	Date of Birth	Age*
1	Shiksha (GK)	28 Oct 2007	18
2	RANI Shallu	7 Dec 2008	16
3	Chahat	27 Oct 2009	16
4	Ishika	4 Jul 2014	11
5	NAGPAL Nisha (C)	22 Aug 2008	17
6	Khushbu	17 Apr 2008	17
7	Anjali	2 Dec 2008	16
8	Minakshi	10 Jul 2009	16
9	Janvi	9 Sep 2008	17
10	Tina	19 Nov 2008	16
11	Mafi	31 May 2015	10
12	Tanvi	4 Feb 2013	12
13	Sonam	28 Oct 2012	13
14	Payal	14 Jan 2009	16
15	Taniya	22 Aug 2009	16
16	KAUR Sukhnoor	19 Feb 2013	12
17	Priya	5 Sep 2009	16
18	Bhavna (GK)	28 Sep 2009	16

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* As of 2025-11-16

Team Staff

Role	Name
Team Manager	AADIWAL Ritu
Head Coach	Prince Kumar

Team Colours

Shirts	SEA BLUE WHITE
Skirts	NAVY BLUE
Socks	NAVY BLUE
GK Shirts	GREEN

Technical Delegate: SHAHID Shadma (IND)



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Team Details ROUNDGLASS PUNJAB HOCKEY CLUB ACADEMY

Shirt No.	Player	Date of Birth	Age*
2	Kaur Parneet	22 Sep 2007	18
6	Kaur Navjot	7 Oct 2009	16
7	Sanna	3 Mar 2008	17
8	Maskeenpreet Kaur	16 Aug 2008	17
9	Neha	5 Feb 2007	18
11	KAUR Gurjeet	3 Mar 2007	18
12	REKHI Harman	1 Dec 2008	16
13	Sharanjit Kaur	9 Sep 2007	18
14	Harpreet Kaur	30 May 2002	23
16	Kaur Khushveer	22 Jan 2008	17
17	Kaur Sukhpreet (C)	27 Dec 2007	17
18	Kaur Mandeep	23 Jun 2007	18
19	Laxmi	8 Jan 2008	17
23	Anupreet Kaur	12 Apr 2007	18
25	KAUR Jaismeen	27 Sep 2008	17
26	Jashmeen Gill	23 May 2009	16
53	Matia (GK)	12 Dec 2007	17
56	Devi Nishu (GK)	4 Nov 2008	17

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Avtar Singh
Head Coach	Meenakshi Randhawa
Assistant Coach	KAUR Parminder

Team Colours

Shirts	PURPLE GREEN
Skirts	PURPLE YELLOW
Socks	PURPLE GREEN
GK Shirts	BLACK PURPLE

Technical Delegate: SHAHID Shadma (IND)



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Team Details SPORTS AUTHORITY OF GUJARAT – HOCKEY ACADEMY

Shirt No.	Player	Date of Birth	Age*
1	CHAVDA Tamnna	20 Aug 2008	17
5	Taral Anjali	9 Jan 2007	18
7	Makwana Namrata	25 Jan 2007	18
8	Damor Niruben	1 Jun 2007	18
9	Bumbadiya Urmilaben	19 Dec 2007	17
10	Vegad Ranjanben Bhopabhai	11 May 2008	17
11	THAKRE Arpnaben	12 May 2008	17
13	BHUMIKA	16 Oct 2008	17
15	Gavit Pritiben	1 Feb 2007	18
16	GOHIL Krupali (GK)	4 Sep 2010	15
18	ODEDARA Samju (C,GK)	21 May 2007	18
20	GAYAKWAD Divya Yashvantbhai	19 Mar 2007	18
23	BHOYE Chhayaben Jayeshbhai	9 Jan 2008	17
26	BAMNIYA Nupurben	8 Sep 2008	17
27	KODARVI Tinkalben	11 Apr 2007	18
28	PAWAR Sangitaben Yogeshbhai	19 Nov 2007	17
29	ZAPDIYA Puriben	1 Mar 2007	18
30	Ghadge Komal	21 Jul 2009	16

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-11-16

Team Staff

Role	Name
Team Manager	FERNANDES Roshal
Head Coach	JACOB Pramila
Physiotherapist	Shilpin Divyesh Chikne

Team Colours

Shirts	BLUE/WHITE SKY BLUE
Skirts	BLACK SKY BLUE
Socks	NAVY BLUE BLACK
GK Shirts	WHITE ORANGE

Technical Delegate: SHAHID Shadma (IND)



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Team Details TAMIL NADU HOCKEY ACADEMY

Shirt No.	Player	Date of Birth	Age*
1	Thasleem K (GK)	31 Jan 2010	15
2	TS Sweety	25 Dec 2009	15
3	R Varsha	8 Aug 2009	16
4	Nandhini K	24 Dec 2008	16
5	Jancy A	10 Aug 2009	16
6	A Priya Dharshini	16 Oct 2009	16
7	K Parjana	30 Aug 2009	16
8	Divya P	31 Jan 2008	17
9	Soniya G	3 Jan 2009	16
10	M Krrishanya Sai	1 Feb 2014	11
11	Dipika K	7 Nov 2012	13
12	Backya Shree S	24 Oct 2009	16
13	Nisha J	7 Nov 2010	15
14	Lakshaiya A	5 Jan 2009	16
15	Sweatha V	11 Apr 2010	15
16	Jesiya P (C)	31 Aug 2009	16
17	B Jothi Sri	2 Sep 2009	16
18	S Roshini (GK)	6 Nov 2010	15

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* As of 2025-11-16

Team Staff

Role	Name
Team Manager	K Dharanichitra
Head Coach	S Monty Gomary
Assistant Coach	Mathiyalagan Subramaniyan

Team Colours

Shirts	SKY BLUE
Skirts	NAVY BLUE
Socks	NAVY BLUE
GK Shirts	YELLOW

Technical Delegate: SHAHID Shadma (IND)



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Team Details VADIPATTI RAJA HOCKEY ACADEMY

Shirt No.	Player	Date of Birth	Age*
1	Suwishka (GK)	21 Dec 2009	15
2	Cerlina D	18 Mar 2010	15
3	Hasini	3 Apr 2012	13
4	Lishababy	10 Nov 2011	14
5	Navinciya	21 Oct 2009	16
6	Ubika	30 Nov 2009	15
7	Mariyamerlin	17 Sep 2009	16
8	Priyadharshini (C)	19 Dec 2010	14
9	Rajput Anjita (GK)	19 Mar 2007	18
10	Nirshaprabha	17 Nov 2009	15
11	Divyarexi	15 Mar 2010	15
12	MANIKANDAN Dhanyasri	20 May 2010	15
13	Reetika	20 Mar 2007	18
14	Harciaanto	7 Feb 2012	13
15	Sara	25 Oct 2009	16
16	Dharshini	22 Jul 2008	17
17	Reeyasaina	15 Nov 2009	16
18	RAKSHITHA Deena	1 Jan 2013	12

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* As of 2025-11-16

Team Staff

Role	Name
Team Manager	Loguguru T
Head Coach	Partha Sarathy M

Team Colours

Shirts	PINK
Skirts	BLACK
Socks	NEON GREEN NAVY BLUE
GK Shirts	RED YELLOW

Technical Delegate: SHAHID Shadma (IND)