

Team Details Haryana

Shirt No.	Player	Date of Birth	Age*
1	Kavita (GK)	10 Apr 2005	17
2	Pooja (C)	25 Nov 2004	18
3	Manisha	28 Dec 2005	17
4	Manju	15 Feb 2005	17
5	Manisha	6 Jan 2006	16
7	Saavi	28 Mar 2006	16
8	Pinki	16 Jun 2004	18
9	Pooja Malik	17 Dec 2007	15
10	Dinika	12 Nov 2004	18
12	Gurmail	22 Aug 2006	16
13	Jyoti Rani (GK)	12 Jun 2004	18
14	Sonia Devi	21 May 2004	18
15	Ishika	5 Oct 2005	17
16	Parneet	26 Apr 2006	16
17	Bhateri	10 Sep 2005	17
18	Tannu	2 Dec 2004	18
19	Nandni	24 Oct 2005	17
20	Preeti	26 Dec 2004	18

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-31

Team Staff

Role	Name
Team Manager	Harjeet Kaur
Head Coach	Azad Singh Malik

Team Colours

Shirts	SEA GREEN YELLOW
Shorts	SEA GREEN YELLOW
Socks	BLUE YELLOW
GK Shirts	ORANGE PINK

Team Details Jharkhand

Shirt No.	Player	Date of Birth	Age*
1	Rashmi Horo (GK)	19 Mar 2004	18
2	Rajni Kerketta	19 Nov 2007	15
3	Fulmani Bhengra	25 Nov 2005	17
4	Sangita Kumari	12 Oct 2008	14
5	Purnima Barwa	9 Nov 2006	16
6	Balo Horo	20 Nov 2006	16
7	Sanjna Horo (C)	15 Dec 2004	18
8	Selestina Horo	21 Apr 2005	17
9	Parwati Topno	25 Nov 2007	15
10	Pramodni Lakra	24 Apr 2004	18
11	Nikki Kullu	24 Jan 2004	18
12	Edlin Bage	29 Nov 2005	17
13	Anupama Horo (GK)	25 Dec 2006	16
14	Rajni Kerketta	19 Nov 2007	15
15	Ankita Dungdung	27 Nov 2005	17
16	Niru Kullu	4 Apr 2005	17
17	Binima Dhan	15 Nov 2006	16
18	Nisha Minj	11 Feb 2006	16

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-31

Team Staff

Role	Name
Team Manager	Santosh Kumar
Head Coach	Himanshu

Team Colours

Shirts	RED BLUE
Shorts	RED BLUE
Socks	RED
GK Shirts	PINK

Team Details Madhya Pradesh

Shirt No.	Player	Date of Birth	Age*
1	Yashika Bhadoriya (GK)	12 Oct 2004	18
2	Khushi Katariya	11 Jan 2005	17
3	Yogita Verma (C)	28 Sep 2004	18
4	Soniya Kumre	27 Aug 2005	17
5	Khan Huda	3 Dec 2006	16
6	Krishna Sharma	7 Feb 2008	14
7	Swati	14 Dec 2005	17
8	Priyanka Yadav	22 Aug 2005	17
10	Aashrita Thakur	3 Mar 2004	18
11	Ritanya Sahu	28 May 2004	18
12	Bhumiksha Sahu	29 May 2005	17
13	Vishakha Likhitkar (GK)	28 Apr 2005	17
14	Priya Gupta	20 Jun 2005	17
15	Khaidem Shileima Chanu	14 Apr 2006	16
17	Palak Gupta	16 Dec 2006	16
18	Sanskriti Sarwan	28 Apr 2004	18
19	Nirupama Thounaojam	5 Apr 2004	18
20	Samiya Anjum	28 Jun 2005	17

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-31

Team Staff

Role	Name
Team Manager	Iram Khan
Head Coach	Neha Rawat

Team Colours

Shirts	RED BLUE
Shorts	RED BLUE
Socks	RED BLUE
GK Shirts	PINK ORANGE

Team Details Manipur

Shirt No.	Player	Date of Birth	Age*
1	Linthoinganbi Chanu Thokchom (GK)	8 Oct 2006	16
2	Prinja Devi Moirangthem	9 Nov 2010	12
3	Priya Devi Mutum	1 Feb 2007	15
4	Deena Devi Naoram	14 Sep 2005	17
5	Romita Chanu Waribam	7 Feb 2007	15
6	Eleena Devi Keisam	29 Nov 2006	16
7	Ritu Devi Laishram	29 Dec 2006	16
8	Daina Devi Ningombam	23 Feb 2008	14
9	Srmila Devi Kangabam	15 May 2008	14
10	Tanu Shoresangbam	1 Apr 2007	15
11	Priyanka Devi Keisam	5 Mar 2007	15
12	Kamala Devi Ningombam	12 Jan 2007	15
13	Pabitra Devi Hodam (GK)	27 Sep 2007	15
14	Natali Chanu Leishangthem	21 Jul 2007	15
15	Dainali Devi Thokchom	11 Dec 2006	16
16	Surviya Devi Meikam	21 Jan 2009	13
17	Bidyaluxmi Devi Hudrom	14 Apr 2010	12
18	Babyarani Devi Sandam (C)	15 Jan 2007	15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-31

Team Staff

Role	Name
Team Manager	Grihini Devi Ashem
Head Coach	Napoleon Singh Chanamathabam

Team Colours

Shirts	YELLOW BLUE
Shorts	YELLOW BLUE
Socks	YELLOW RED
GK Shirts	ORANGE PINK

Team Details MIZORAM

Shirt No.	Player	Date of Birth	Age*
1	Saitluangpuii (GK)	7 Aug 2010	12
2	Ruthi Lallawmzuali	4 Oct 2008	14
3	Lalrinpuii	14 Oct 2006	16
4	Lalneihpuii	22 Feb 2007	15
5	F.Lalbiaksiami	13 Mar 2007	15
6	Z.Laldintluangi	8 Sep 2006	16
7	B.Lalrinpuii	7 Aug 2005	17
8	Vanlalrinhlui	31 Jul 2009	13
9	Lalthantluangi (C)	10 Nov 2005	17
10	Lalpeksangi	4 Nov 2007	15
11	Laltlanchhungi	28 Mar 2008	14
12	F. Vanlalhriatla Wmi	25 Jul 2005	17
13	Peniel Lalruatsangi (GK)	18 May 2008	14
14	Laldinpuii	18 Sep 2010	12
15	Manglawmsang	6 Nov 2009	13
16	Lalremruati	1 Nov 2006	16
17	Vanlalhriatpuii	21 Nov 2005	17
18	Zothanmawii	3 Dec 2007	15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-31

Team Staff

Role	Name
Team Manager	Lalzawnchhungi
Head Coach	Lalrothuami

Team Colours

Shirts	BLUE
Shorts	BLUE
Socks	BLUE RED
GK Shirts	ORANGE PINK

Team Details Odisha

Shirt No.	Player	Date of Birth	Age*
1	Namsi Jarika (GK)	11 Oct 2005	17
2	Sumi Mundari	6 Aug 2005	17
3	Munmuni Das (C)	24 Nov 2005	17
4	Premila Bage	20 Apr 2007	15
5	Tanuja Toppo	14 Oct 2007	15
6	Supriya Kujur	9 May 2006	16
7	Karuna Minz	7 Sep 2007	15
8	Amisha Ekka	25 Nov 2007	15
9	Mariyam Dhanwar	7 Dec 2005	17
10	Pratibha Ekka	9 Nov 2004	18
11	Archana Xalxo	12 Feb 2007	15
12	Puja Ramchhuria	15 Nov 2006	16
13	Pinki Bilor (GK)	12 Mar 2005	17
14	Suman Hemrom	30 May 2004	18
15	Ahalya Lakra	8 Dec 2008	14
16	Tanu Kishan	10 Jul 2004	18
17	Puja Sahoo	1 Dec 2006	16
18	Sonali Ekka	11 Aug 2007	15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-31

Team Staff

Role	Name
Team Manager	LAKRA Sujit
Head Coach	Bj Kariappa

Team Colours

Shirts	YELLOW SEA GREEN
Shorts	YELLOW SEA GREEN
Socks	YELLOW SEA GREEN
GK Shirts	PINK ORANGE

Team Details Punjab

Shirt No.	Player	Date of Birth	Age*
1	Kirandeep Kaur (GK)	30 Sep 2004	18
3	Amanpreet Kaur Batth	16 Mar 2006	16
4	Sukhjeet Kaur	15 Aug 2005	17
5	Daljeet Kaur	24 Feb 2005	17
6	Pawanpreet Kaur	3 Sep 2006	16
7	Ravneet Kaur	7 Oct 2006	16
8	Kiranpreet Kaur	22 Feb 2006	16
9	Jaisikdeep Kaur (C)	10 Nov 2006	16
10	Sukhveer Kaur	28 Jul 2006	16
11	Gurjeet Kaur	3 Mar 2007	15
12	Sweena Rani	1 Jan 2005	17
13	Jasmeen Kaur (GK)	24 Aug 2005	17
14	Parneet Kaur	22 Sep 2007	15
15	Navdeep Kaur	8 May 2004	18
16	Namneet Kaur	28 Sep 2006	16
17	Harleen Kaur	1 Jan 2006	16
18	Jashanpreet Kaur	17 Aug 2005	17
20	Mandeep Kaur	23 Jun 2007	15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-31

Team Staff

Role	Name
Team Manager	Jaspinder Kaur
Head Coach	Rajwant Singh Maan

Team Colours

Shirts	YELLOW SEA GREEN
Shorts	YELLOW SEA GREEN
Socks	YELLOW SEA GREEN
GK Shirts	ORANGE PINK

Team Details Uttar Pradesh

Shirt No.	Player	Date of Birth	Age*
1	Kareena Kumari (C,GK)	5 Jun 2004	18
2	Manisha Patel	5 Dec 2008	14
3	Rashmi Patel	17 Dec 2008	14
4	Ruchika Upadhyay	15 Mar 2004	18
5	Priti Patel	26 Mar 2006	16
6	Amisha Yadav	6 Oct 2004	18
7	Sakshi Shukla	2 May 2004	18
8	Peetambari Kunari	9 Jun 2006	16
9	Sunita Kumari	4 Jul 2006	16
10	Vandana Patel	7 Aug 2007	15
11	Nikke Singh	2 May 2005	17
12	Kajal	8 May 2007	15
13	Aashika Verma (GK)	18 Oct 2006	16
14	Komal Pal	15 Aug 2007	15
15	Purnima Yadav	19 Oct 2007	15
16	Shreyanshi Gupta	10 Nov 2007	15
17	Madhu Yadav	25 Dec 2008	14
18	Pratima Vardhan	4 Jul 2007	15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-31

Team Staff

Role	Name
Team Manager	Sushma Kumari
Head Coach	Jitender Bhadauriya

Team Colours

Shirts	BLUE RED
Shorts	BLUE RED
Socks	BLUE
GK Shirts	PINK ORANGE